

Category: Sport

Topic: Play sport or/and exercise

Questions:

1. Do you do any sports? Do you like to exercise? How often do you do sport/exercise?
2. Were you on any sports teams in high school? How about junior high school? How about now?
3. What sports do you like to watch? What sports do you hate to watch?
4. How important is keeping fit for you?
5. Are there any sports that you'd like to try in the future?
6. What do you think is the most popular sport in the world?
7. What is the most popular sport in your country?

Before coming to the service hour, you may try the following resources to get prepared...

Resource :

Online

- a) A hiking family (<http://www.esl-lab.com/hiking/hikingrd1.htm>)
- b) Exercise program (<http://www.esl-lab.com/exercise/exerciserd1.htm>)
- c) Sports in Britain (<https://www.youtube.com/watch?v=QOvam44IyWc>)
- d) Useful vocabulary (<http://www.learnenglish.de/vocabulary/sport.html>)

Textbook

- a) Smart Choice 1 - Unit 4: How often do you do yoga?
- b) Smart Choice 2 – Unit 3: Do it before you're 30!
- c) Smart Choice 2 – Unit 6: You should try it!